



Students who participate in WinSport Canada's Passport Learning System will be exposed to a unique and exciting approach to ski and snowboard lessons that utilizes a differentiated learning system in order to effectively teach large groups of students .

Every student is given a Ski or Snowboard Passport, which is a progress card that corresponds to the variety of stations that students will progress through. Students are then given the opportunity to advance at their own pace through the levels, starting with equipment knowledge all the way to skill clinics that focus on refining and fine-tuning their advanced skills.

At WinSport Canada we strive to ensure our programs offer high curriculum value for your students. For this reason we now offer a Curriculum Guide which outlines the General and Specific Outcomes that are achieved or contributed to after completing lessons with WinSport Canada. In conjunction with the Passport Learning system, teachers can monitor student's progression throughout their visits.

What better way to provide a curriculum rich program that provides students with a safe, fun experience right in Calgary!

Division I Curriculum Outcomes

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment

Grade	Contributing Activity	Curriculum Outcome
Kindergarten – Grade 3	Ski and snowboard instructions incorporate the basic skills of sliding, turning, twisting, balancing, bending and stretching as part of basic to advanced lessons. Students will demonstrate these basic skills as they develop the sequence of movements required to ski and snowboard with control.	Basic Skills – Locomotor (sliding) and Nonlocomotor (turning, twisting, balancing, bending, stretching) A – 1, A – 3
Kindergarten – Grade 3	Students will participate in lessons on various runs at Canada Olympic Park using the appropriate ski or snowboarding equipment	Application of Basic Skills in an Alternative Environment A – 7
Kindergarten – Grade 1	Students will be able to participate in introductory activities while playing fairly and following basic rules. These activities will begin to develop their awareness of body and space.	Application of Basic Skills in Games A – 10, A – 11

General Outcome B

Students will understand, experience and appreciate the health benefits that result from physical activity.

Kindergarten – Grade 3	Students will be able to develop their skill level, and identify their abilities and successes as they advance through their progress card (our “Passport Learning System”).	Functional Fitness B – 2 Body Image B – 4
Kindergarten – Grade 3	Students will be able to experience cardio-respiratory activity, what that feels like, as well as identify the changes that take place in their body as they continue to participate.	Functional Fitness B – 3 Well-Being B – 6, B – 7

General Outcome C

Students will interact positively with others

Kindergarten – Grade 3	Students will be able to follow the Alpine Responsibility Code while on the hill at all times. The Alpine Responsibility Code promotes respectful communication, proper hill etiquette and safety.	Communication C – 1 Fair Play C – 3
Kindergarten – Grade 3	Students will be able to participate cooperatively as part of a group, work individually or lead peers.	Team Work C – 5 Leadership C – 4

General Outcome D

Students will assume responsibility to lead an active way of life.

Kindergarten – Grade 1	Students will be able to participate with effort in their ski/snowboard lessons	Effort D – 2
Kindergarten – Grade 3	Students will be able to follow directions, actively listen to instructors explanations and stay on task during lessons.	Safety D – 3
Kindergarten – Grade 3	Students will be able to participate in warm up & cool down activities led by their instructors.	Safety D – 4
Kindergarten – Grade 2	Students will be able to move safely and sensitively as they are exposed to different parts of the hill.	Safety D – 5
Kindergarten – Grade 3	Students will be able to develop their skills and adapt their movements based on their increasing personal abilities.	Goal Setting / Personal Challenge D – 7

Division II Curriculum Outcomes

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment

Grade	Contributing Activity	Curriculum Outcome
Grade 4 - 6	Using the passport learning system the basic skills of sliding, turning, twisting, balancing, bending and stretching will be broken down step by step by our instructors. Students will be required to demonstrate these basic skills in order to progress to each new station as they learn to ski and snowboard with control.	Basic Skills – Locomotor (sliding) and Nonlocomotor (turning, twisting, balancing, bending, stretching) A – 1, A – 2 A – 3, A - 4
Grade 4 - 6	Students will participate in lessons on various runs at Canada Olympic Park using the appropriate ski or snowboarding equipment	Application of Basic Skills in an Alternative Environment A – 7
Grade 4 - 6	Students will be able to develop and refine their skiing and snowboarding skills in skill clinics, the most advanced stage in the Passport Learning System.	Application of Basic Skills in Individual Activities A13

General Outcome B

Students will understand, experience and appreciate the health benefits that result from physical activity.

Grade 4	Students will be able to participate in cardio-respiratory activity and experience what that feels like, as well as the changes that take place as they continue to participate.	Functional Fitness B – 3
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General Outcome C

Students will interact positively with others

Grade 4 - 6	Students will be able to follow the Alpine Responsibility Code while on the hill at all times. The Alpine responsibility Code promotes respectful communication, proper hill etiquette and safety.	Communication C – 1 Fair Play C – 3 Team Work C – 6
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General Outcome D

Students will assume responsibility to lead an active way of life.

Grade 4 - 6	Students will be able to follow the Alpine Responsibility Code while on the hill at all times.	Safety D – 3
Grade 4 - 6	Students will be able to identify skiing and snowboarding as a healthy activity choice.	Safety D – 5
Grade 4 - 6	Students will be able to choose a “Passport Level” goal and work toward achieving this goal with the guidance of an instructor.	Goal Setting / Personal Challenge D – 7

Division III Curriculum Outcomes

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment

Grade	Contributing Activity	Curriculum Outcome
Grade 7 - 9	Using the passport learning system the basic skills of sliding, turning, twisting, balancing, bending and stretching will be broken down step by step by our instructors. Students will be required to demonstrate these basic skills in order to progress to each new station as they learn to ski and snowboard with control.	Basic Skills – Locomotor (sliding) and Nonlocomotor (turning, twisting, balancing, bending, stretching) A – 1, A – 2 A – 3, A - 4
Grade 7 - 9	Students will be able to participate in skill clinics on various runs around the park. These skill clinics provide students the opportunity to develop and refine their skiing and snowboarding skills.	Application of Basic Skills in an Alternative Environment and in Individual Activities A – 7, A – 13

General Outcome C

Students will interact positively with others

Grade 7 - 9	Students will be able to follow the <i>Alpine Responsibility Code</i> while on the hill at all times. The <i>Alpine Responsibility Code</i> promotes respectful communication, proper hill etiquette and safety.	Fair Play C – 3 Team Work C – 6
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General Outcome D

Students will assume responsibility to lead an active way of life.

Grade 7 - 9	Students will be able to follow the <i>Alpine Responsibility Code</i> while on the hill at all times.	Safety D – 3
Grade 7 - 8	Students will be able to identify skiing and snowboarding as a healthy activity choice.	Safety D – 5
Grade 7	After visiting Canada Olympic Park, students will be able to identify our facility as a local program that promotes a physically active lifestyle.	Goal Setting / Personal Challenge D – 8

Division IV Curriculum Outcomes

General Outcome A

Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment

Grade	Contributing Activity	Curriculum Outcome
PE 10, 20, 30	The basic skills of sliding, turning, twisting, balancing, bending and stretching will be broken down step by step by our instructors. Students will be taught techniques to modify and refine these basic skills as they progress through more advanced lessons.	Basic Skills – Locomotor (sliding) and Nonlocomotor (turning, twisting, balancing, bending, stretching) A – 1, A – 3
PE 10 & 20	Students will be able to participate in skill clinics on various runs around the park. These skill clinics provide students the opportunity to develop, modify and refine their skiing and snowboarding skills.	Application of Basic Skills in an Alternative Environment and in Individual Activities A – 7, A – 13

General Outcome C

Students will interact positively with others

PE 10, 20, 30	Students will be able to follow the <i>Alpine Responsibility Code</i> while on the hill at all times. The <i>Alpine Responsibility Code</i> promotes respectful communication, proper hill etiquette and safety.	Fair Play C – 3 Team Work C – 6
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General Outcome D

Students will assume responsibility to lead an active way of life.

PE 10, 20, 30	Students will be able to follow the <i>Alpine Responsibility Code</i> while on the hill at all times.	Safety D – 3
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